

Selected Psychiatry Resources: San Mateo and Santa Clara Counties

Outpatient psychiatry and behavioral health services

Palo Alto Medical Foundation: Adult and pediatric outpatient clinics.

Palo Alto: 650-853-4725 Psychiatry Intake Coordinator; 650-853-2748 Back Line

Fremont: 510-489-2942 Psychiatry Intake Coordinator; 510-498-2903 Back Line

Stanford Hospital and Clinics: Adult outpatient clinics (650-498-9111) and inpatient psychiatric unit. All patients considered for hospitalization require evaluation through the ER. Call the Stanford ER attending 650-723-5111 and page the psychiatry resident on call through the switchboard operator 650-723-4000 to provide information about the patient.

Lucile Packard Children's Hospital: Outpatient clinics (650-498-9111). No inpatient psychiatric services. After hours when outpatient clinics are closed, may send pt to ER for assessment and medical clearance. When appropriate, LPCH will coordinate admission to outside pediatric psychiatric facility. 650-723-5111 or ER nurse triage 650-723-2670, 650-723-4422.

Psychiatric emergency transport, assessment and hospital admission

Placing a "5150" - 72 hour involuntary hold: Licensed clinical providers (all physicians and mid level providers regardless of specialty) may place adults and adolescents on a "5150" per the Lanterman-Petris-Short Act (California Welfare & Institutions Code, sec. 5150):

"When any person, as a result of mental disorder, is a danger to others, or to himself or herself, or gravely disabled, a peace officer, member of the attending staff, as defined by regulation, of an evaluation facility designated by the county, designated members of a mobile crisis team provided by Section 5651.7, or other professional person designated by the county may, upon probable cause, take, or cause to be taken, the person into custody and place him or her in a facility designated by the county and approved by the State Department of Mental Health as a facility for 72-hour treatment and evaluation."

Santa Clara County

- **EMQ Families First** is a mobile unit with licensed staff who perform psychiatric assessment and transport of children & teens up to age 18 to psychiatric facilities when needed. 1-877- 412 - 7474: EMQ will come to any healthcare facility, home, or school in their catchment area to evaluate children and teens with psychiatric crises. If psychiatric admission is deemed necessary, EMQ will arrange this and will transport the child. EMQ can place 5150 holds.
- **Stanford Hospital and Clinics:** Adult outpatient clinics and inpatient psychiatric unit. All patients require evaluation through the ER. Call the Stanford ER attending 650-723-5111 and page the psychiatry resident on call through the switchboard operator 650-723-4000 to provide information about the patient.
- **Lucile Packard Children's Hospital:** No pediatric inpatient psychiatric services. ER may assess and perform medical clearance. When needed, LPCH coordinates admission to pediatric psychiatric facility. 650-723-5111 or ER nurse triage 650-723-2670, 650-723-4422.

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- **El Camino Hospital:** Adult inpatient psychiatric unit, adolescent & adult eating disorders inpatient units. To refer a patient for hospitalization or for emergency assessment, call 650-940-7291 or toll-free 866-789-6089 and ask to speak to a Psychiatric Emergency Services nurse; available 24 hours a day, 7 days a week.
- **Good Samaritan Hospital:** Adult inpatient psychiatric unit. For intake call 408-559-2000.

San Mateo County

- **Mills Peninsula Hospital:** adolescent and adult inpatient psychiatric beds & outpatient programs.
 - Mills Peninsula Hospital Psychiatry Intake, 50-696-4666: M - F, 9 - 5 at the Mills Campus: 100 South San Mateo Drive, San Mateo (corner of 2nd Ave and South San Mateo Drive). Call first to discuss adolescent and adult patients who may need psychiatric admission. The Psychiatry Department will make a same-day appointment or if they can't, they will refer the pt to Mills Peninsula's PES (see below). Programs: acute inpatient medical detoxification, acute inpatient mental health Program for adults, acute inpatient program for adolescents 13 – 18 y), outpatient chemical dependency for adults, outpatient adolescent intensive mental health program.
 - Psychiatric Emergency Services (PES), 650-696-5915: available 24 hours a day, 7 days a week through the Peninsula Medical Center Emergency Room: 1501 Trousdale Ave, Burlingame (use ER entrance). For pts needing psychiatric admission after routine business hours or needing medical clearance or restraint during evaluation.

911: For anyone at imminent danger to self or others, or needing restraint and transport to hospital.